

## In your hot wok add:

- 1 T oil
- 1 T prepared tofu
- 1 T shredded carrot
- 1 T chopped onion
- 1 T chopped tomato
- 1 t crushed garlic

Move ingredients to the side of the wok and add:

• 1 beaten egg

Allow egg to cook before stirring, chop egg into small pieces and combine all

## Add:

- 3 T water
- 1 hand presoaked noodles

To make the sauce, add:

- 1 T mixed soy
- 1 t sugar
- 1 small hand bean sprouts
- 1 small hand chopped green onion
- ½ T crushed peanuts

Add the following to your taste:

- Chili flakes
- Limejuice
- Dark and light soy
- Sugar







